

148mm

210mm

Digital Smart Scale Instruction Manual

Thanks for choosing our product, please read the instruction manual carefully and keep it for future reference.

Understand your body better

The Smart Scale is a wireless scale that tracks your weight and body composition to give you the knowledge you need to begin changing your lifestyle. For example, it helps you record each time measurement data, so you can control or target the right pounds.

Easy set up and upload

Using the Smart Scale's built-in Bluetooth wireless, you can set it up in minutes with your phone. Then each time you weigh in the Smart Scale automatically uploads and syncs your body data via Bluetooth.

One scale for the whole family

This Smart Scale can track as many as eight different users. Each person can have his or her own user profile and access it independently. Once the Smart Scale gets to know each individual's weight, it automatically recognizes who steps on it.

Highlights

Track your weight, body fat, body muscle and so on, total 18 data.
Position Control technology for high-accuracy weighing
Free app to visualize weight trends, set goals, and monitor your progress
Weight data is automatically uploaded via Bluetooth
Easy set up from the app;
Automatically recognizes each person who uses the scale, but request the weight have +/-2kg different.
More than 60 compatible partner apps, such as Sport watch, Smart tooth-brush, Infrared Thermometer, Fascia Gun, Camera.

1.SPECIFICATION

- 1).Max Capacity: 180kg / 396 lb
 - 2).Step on and auto off
- Remark: The scale would be step on when weighing object up to 5 kg or above.
- 3).Measurements: Body Weight, BMI, Body fat rate, Muscle rate, body water, Bone mass, Basal metabolic rate, Protein rate, Metabolic age, Visceral fat index, Subcutaneous fat, Standard weight, Weight control, Fat mass, weight without fat, Muscle mass, Protein mass, Obesity Level

- 4).High precision strain gauge sensor system to ensure high accuracy.
- 5).Safety tempered glass platform
- 6).Low battery and overload indicate

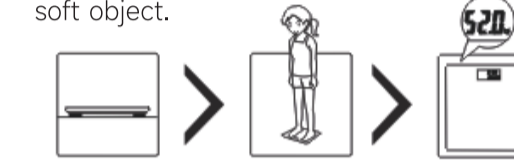
2.POWER

Power: 4xAAA batteries.
For the first time use, please open the battery cover to insert the batteries correctly. Remove the batteries completely and reinsert them again if the scale fails to operate.

3.HOW TO USE SMART SCALE

A.Measure Body Weight

Note:The scale will only measure your body weight when no connect to app
1)Please put the scale on the hard & flat floor, do not use it on the carpet or soft object.



- 2)Carefully step on the scale. Hold still until the weight reading is shown and locked on the scale
- 3)The scale will be automatically off without further operation in about 10 seconds.

B.How Connect APP With Bluetooth To Get More Data

Step 1:Download APP & register

This Smart Scale use AiLink APP, which you can download it on IOS <App Store> and Google Play platform or also can scan the QR code to download the APP. After finish download then register an account.



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Step 2:Pair the device

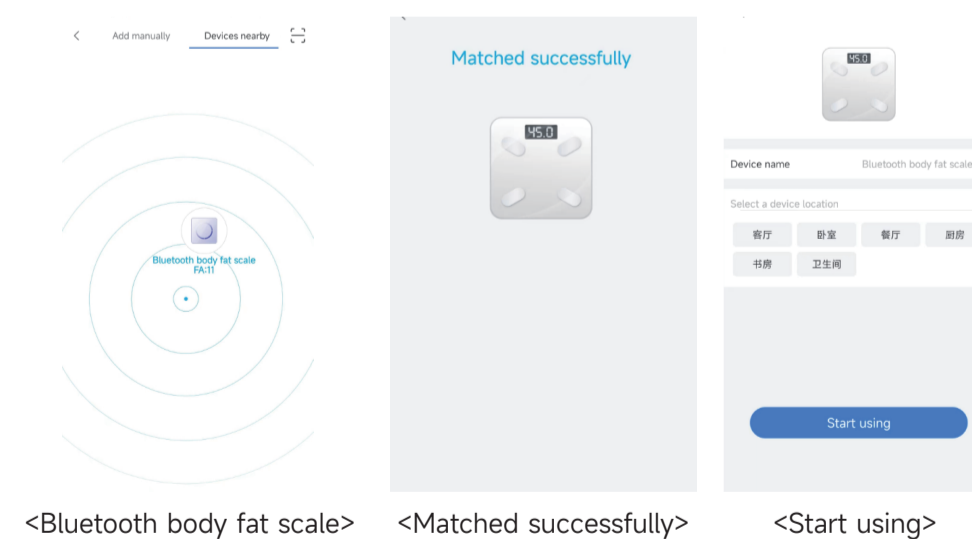
Before pair the device make sure open the bluetooth network. Then go to <me> to complete your personal data. Power on your scale on and open the APP of AiLink. display <Home> interface, tap the icon <+> at the top-right corner to add device, you can choose <Add manually> or <Devices Nearby> to pair the device.

a>Choose <Devices Nearby> next tap the device <Bluetooth Body Fat Scale>

b> Choose <Add manually> next tap the device <Body Fat Scale Bluetooth>

Both above operation are ok, to choose A as priority, you will go to next <Search>page, then follow the instruction on the app and pair its ID, until display <start using > page, it means that you already connect the bluetooth, then device is able to do measurement.

Note:Pls keep the scale power on during the pair process



Step 3:Measuring your body composition

Step on the scale, it should automatically sync to your device. First the scale displays your weight, and then, it displays flashing 0000 while it analyzes your body composition. When the scale displays your weight again, the analysis is complete and you can see your measurements in the APP.



stand on the scale until digital numbers stabilize



check your report in AiLink App



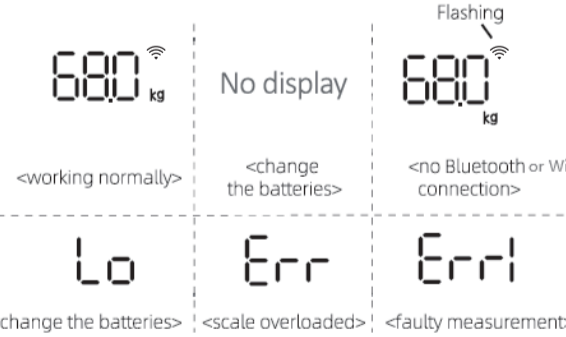
·You can check your history records at <History>, into the calendar icon to check more data.

·According to your cell phone, you can synchronize your data to google Fit, Fitbit or Apple Health, you can open this service at <setting>, in your profile.

·When you use the scale but do not open the app, you will get offline data, next time open your app, then you will see some undistributed data waiting for you to distribute.

Tips:You can only get the off-line data after your pairing the device

4. TROUBLESHOOTING



Faulty measurement:

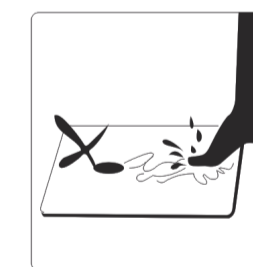
There are 3 reasons your scale might display <Err1>

1. Keep wearing shoes or socks. Suggest to do it with bare feet.
2. Body fat percentage is less than 5% or over 50% (check your app user's information if correct)
3. Unsuccessful test, please try measure again.

5.ADVISE FOR USE AND CARE:

1. Please keep your bare feet in touch with the electrodes
2. Please check the batteries if the scale malfunctions. Change new batteries if necessary.
3. Please use soft tissue with alcohol or glass cleaner to clean the surface if it is dirty. No soap or other chemicals are recommended. Keep it away from water, heat and extreme coldness.
4. The scale is high precision measuring device. Never jump or stomp on the scale.
5. The scale's data is for reference only. You should consult a doctor when you undertake any diet or exercise program.
6. This scale is not suitable for pregnant women and who with pacemakers

Caution: Slippery when wet! The scale platform maybe pretty slippery when wet, please make sure both the scale platform and your feet are dry before use. Never step on the scale platform with wet feet.



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